

## Illness Exclusion Policy (Based on guidelines from Public Health)



To help prevent the spread of illness, children must remain at home if they experience any of the following symptoms:

### Fever

- A temperature of 38°C (100.4°F) or higher.
- If sent home from daycare due to fever, your child will be excluded the day the fever occurs and the following day.
- Your child may return to care once they have been fever-free for at least 24 hours, without the use of fever-reducing medication (such as Tylenol or Advil).

### Diarrhea

- Two or more episodes of diarrhea.
- If sent home from daycare due to diarrhea, your child will be excluded the day the diarrhea occurs and for a minimum of 2 days after the exclusion day.
- If additional episodes occur, the 48-hour exclusion period restarts from the time of the most recent episode.
- If your child experiences two or more episodes of diarrhea while at home, they must be excluded for a minimum of 48 hours from the last bout of diarrhea without the use of medications such as Immodium.

### Vomiting

- Two or more episodes of vomiting.
- If sent home from daycare due to vomiting, your child will be excluded the day the vomiting occurs and for a minimum of 2 days after the exclusion day.
- If additional episodes occur, the 48-hour exclusion period restarts from the time of the most recent episode.
- If your child experiences two or more episodes of vomiting while at home, they must be excluded for a minimum of 48 hours from the last bout of diarrhea without the use of medications such as Gravol or Pepto-Bismol.

### Vomiting and Diarrhea

- One episode of vomiting and one episode of diarrhea (even if they occur on the same day).
- If sent home from daycare due to a combination of diarrhea and vomiting, your child will be excluded the day symptoms occur and for a minimum of 2 days after the exclusion day.
- If additional episodes occur, the 48-hour exclusion period restarts from the time of the most recent episode.
- If your child experiences two or more episodes of vomiting and diarrhea combined while at home, they must be excluded for a minimum of 48 hours from the last bout of diarrhea or vomiting without the use of medications such as Immodium, Gravol, or Pepto-Bismol.

**Failure to follow these guidelines, or lying to the childcare centre about your child's illness could lead to dismissal from our program.**